



The Art of Living Joyfully: How to be Happier Every Day of the Year

Allen Klein

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Allen Klein is a motivational speaker and author who believes strongly in the way words can influence how we feel mentally, physically, and spiritually. In this day of tweeting, texting, cyberspeak and the non-language of email, the written and spoken word has the power to touch our hearts and lift our spirit that is extraordinary.

In this *The Art of Living Joyfully*, Jollytologist Allen Klein presents a compendium of advice and plain common sense comprising a guide to good cheer. This wonderful collection of quips, quotes and instruction comes from a variety of people and from all eras of history. Dividing the books thematically, covering such topics as Friendship, Laughter, Beauty, Nature, Faith, and more, this is a book to cherish for oneself and to give as a heartfelt gift.



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