



Ketogenic Diet For Weight Loss: A Beginners Guide To The Ketogenic Diet For Steady, Natural Weight Loss With 10 Sensational Recipes

Susan White

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Ever Wanted To Know How Millions Of People Lose Weight On A Ketogenic Diet? Discover what is a ketogenic diet and why it became so popular recently. You'll understand how to start a ketogenic diet step by step. Inside you'll also find some delicious and easy-to-prepare ketogenic recipes that will rock your world! This book was designed for a person that never heard about a ketogenic diet.



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