



# The New Feminine Brain: Developing Your Intuitive Genius

*M.D. Mona Lisa Schulz M.D. Ph.D.*

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Ever wonder why most women can handle the kids and careers and the renovation but men can concentrate on either the newspaper or a game on TV? This is because female brains have more interconnections that allow them to multi-task and split their attention. *The New Feminine Brain* is the first book by a medical doctor, who is also a psychiatrist and a brain expert, to show how modern life challenges are physically rewiring the brain and to address the particular challenges that women face as a result. The female brain today is not your grandmother's brain - it has even more connections and skills, but with that can come more physical problems, including an increase in attention and memory deficits and chronic mood and health conditions.

*The New Feminine Brain* combines the insights of Dr Schulz's research and stories of clinical experience as a neuropsychiatrist treating people with tough brain disorders with unique self-help and expert health advice. Readers will discover and cultivate their special genius and intuitive style with provocative self-tests, so they can hear and heal their depression, anxiety, attention, memory, and other brain problems. 'Rewiring' exercises, herbs and nutritional supplements will improve their physical, psychological and emotional health.



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A lot of people always spent their free time to vacation or perhaps go to the outside with them loved ones or their friend. Are you aware? Many a lot of people spent their free time just watching TV, or maybe playing video games all day long. If you want to try to find a new activity that is look different you can read a new book. It is really fun for yourself. If you enjoy the book you read you can spent 24 hours a day to reading a guide. The book The New Feminine Brain: Developing Your Intuitive Genius it is quite good to read. There are a lot of folks that recommended this book. These people were enjoying reading this book. If you did not have enough space bringing this book you can buy the actual e-book. You can move quickly to read this book from the smart phone. The price is not too costly but this book features high quality.

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