



Caring for Your Baby and Young Child: Birth to Age 5

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The organization that represents the nation's finest pediatricians and the most advanced research and practice in the field of child care answers all your medical and parenting questions. Here is sound, reassuring advice on child rearing that covers everything from preparing for childbirth to toilet training to nurturing your child's self-esteem.

Here, too, is an indispensable guide to recognizing and solving common childhood health problems, plus detailed instructions for coping with emergency medical situations.

Comprehensive, accurate, and up-to-date, *Caring for Your Baby and Young Child* includes:

Basic care from infancy through age five

Guidelines and milestones for physical, emotional, social, and cognitive growth

A complete health encyclopedia covering injuries, illnesses, congenital diseases, and other disabilities

Safety checks for home, outdoors, and car

A guide for choosing child-care programs

A discussion of family issues from sibling rivalry and adoption to stepfamilies and working mothers

And much more

Caring for Your Baby and Young Child is an essential child-care resource for all parents who want to provide the very best care for their children--and the one guide pediatricians routinely recommend and parents can safely trust.



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