



Priceless: A Girl's Guide to Uncovering the Beauty, Boldness & Brilliance Within

Nicole Steele

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The teenage years can bring challenges and struggles for even the most confident of girls. In a world that measures women and girls' value by external looks, body parts and earthly possessions, it's no wonder we have a generation of young girls struggling with low self-esteem, poor body image, depression and hopelessness. Through Priceless, Steele seeks to help girls of all ages change their perspective by uncovering and tapping into the beauty, boldness and brilliance within. It includes tips and insight on the following areas:

- Self-Esteem – Understanding your true beauty, value & self-worth.
- Self-Acceptance – Embracing your unique qualities.
- Self-Expression – How to have style while understanding modesty.
- Self-Examination – Defining goals and adjusting attitudes.
- Self-Respect – Creating boundaries and examining friendships.
- Self-Control – Uncovering the real deal on boys, dating & sex.

Steele firmly believes that once girls have a clear understanding of who and whose they are, it can immensely affect their lives, as it did hers.



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