



Toilet Training for Individuals with Autism or Other Developmental Issues: Second Edition

Maria Wheeler

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Easy-to-read bulleted lists offer more than 200 do's and don'ts, supported by over 50 real-life case examples!

Toilet training can become a battleground for caregivers and children alike, especially if the child has autism or other developmental challenges. In this book, Maria Wheeler offers a detailed roadmap for success. She stresses the importance of visual cues, such as picture schedules representing the steps of the toileting routine. Other crucial elements are repetition, rewards, and teamwork with teachers if the child is in school. You will find many original and commonsense solutions for transitioning children from diapers to underpants, stopping "repeat flushing," monitoring fluid intake, coping with a noisy bathroom, using Social Stories, and much more. Wheeler's methods help keep the process as positive as possible for all involved, so children don't feel upset or ashamed about going to the bathroom.

You will learn how to:

Gauge readiness

Identify and reduce sensory challenges

Help the child overcome fears and anxieties

Develop a "habit training" routine

Teach proper use of the toilet, toilet paper, sink, etc.

Facilitate the transition from diapers to underwear

Deal with toileting in unfamiliar environments

And more!

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