



# Psycho- Confessions: A Psychological Confession

*Matthew Wayne*

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Psycho- Confessions; Anthology of my poems, literature, tangents and journal entries going as far back as 10+ years.

WARNING: Mature Readers; Graphic language is used.

"I feel compelled to write, so I write. It's ironic seeings how writing even if it's just notes, or completed sonnets they are my only true form of expression, I write what I see and what I feel. Many great authors and poets have done the same. I often write before I think, sometimes I get lost to my emotions so deep in thought I don't know what I have wrote until I look it over. Awhile back ago I decided to keep a journal. Now looking back on it, over the hastily scribbled words I see the emotions of a madman, a hopeless romantic, a lost dreamer and even an angry citizen. I ranted on and on about the most trivial stuff, yet at that moment in my life they were the highest of my priorities. I cannot help but pity my own past, and I am not fond of that, for to feel pity on another is to stab the already rusted knife that much deeper into the fool's chest. An added insult which never finds home in any situation. I could never figure out or understand why I felt like my writing could infest a person's mind. Like a plague it opens a gateway to an infectious cancer. Manipulating the readers mind, the harvester to a black death. Where I become my own demon."



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