



## Instant Karma: The Heart and Soul of a Ski Bum

*Wayne K. Sheldrake*

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Cultural Writing. Biography and Memoir. With the beauty and precision of a poet, Wayne Sheldrake examines his place in the close community of ski bums, people who give up "normality" to live on their own terms. Sheldrake's is a life of recklessness and restlessness, dedicated to adventure, courage, and the pure joy of second and third chances. He maps the hidden trails of virgin snow and conjures the rush of hucking off cornices and skiing blind in sudden snowstorms with exacting detail, all the while finding his way to understanding and accepting the powerful bonds of romance, friendship, and learning to let go. In Sheldrake's universe, "instant karma" is what happens when we believe our grandest passion can't be separated from the everyday, and then live in accordance with that faith. Wayne Sheldrake has lived in Colorado for over thirty years, working as a ski instructor, teacher, ranch hand, and river guide. He received an MFA from Antioch University-Los Angeles and has written for magazines such as Writer's Digest and America West. He lives with his wife in Southern Colorado. And he skies.



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