



# **Teaching the Basics of Theory of Mind: A Complete Curriculum with Supporting Materials for Children with Autism Spectrum Disorder and Related Social Difficulties Aged Approximately 5 to 9 Years**

*Kirstina Ordetx*

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This manual contains a 12-week curriculum designed to incorporate a multi-sensory approach to developing the critical and basic aspects of Theory of Mind (ToM). The activities are designed to be used with children aged 5-9, who have been diagnosed with an Autism Spectrum Disorder (ASD) or who have related social challenges.

By building on Cognitive Behavioural Therapy principles, this book shows how teaching ToM to young children can help them to better understand the emotions and actions of people around them. This curriculum has been designed to enhance the development of ToM and subsequently enhance social understanding in children who demonstrate challenges with pre-requisite skills that lead to successful social relationships and situations. As well as practical advice and supplementary materials such as worksheets and cut-out-and-use flash cards, this book includes reinforcement activities to be carried out at home with parents and care givers.

Written by Dr Kirstina Ordetx, an experienced Developmental Psychologist and CBT specialist, this book is essential reading for teachers and other professionals working with children with ASDs and related social difficulties, including SENCOs, behavioural therapists, speech and language therapists and occupational therapists, wanting to explore the benefits that ToM can bring to pre-adolescent children.

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