



The FM Phenomenon: Living with Fibromyalgia (Volume 1)

Wendy Simpson

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The FM Phenomenon, Living with Fibromyalgia, book is intended to be used as a selfhelp, educational and reference book for people who have Fibromyalgia, their family and care givers, to help educate them to understand more about this disease. It also covers many of the common side effects of Fm with helpful information on how to cope with them.



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