



# **Saving Your Second Marriage Before It Starts Workbook for Men**

*Les Parrott, Leslie Parrott*

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Remarriage is nearly as common in our culture as first marriages, yet more than 60 percent of remarriages end in divorce. Second marriages with children are twice as likely to end in divorce as remarriages without. Many couples conclude within the first months or years that their living experiment is failing, when studies have shown that it takes two to seven years to adapt to being a stepfamily. Using the same structure as the very successful *Saving Your Marriage Before It Starts*, Drs. Les and Leslie Parrott address the unique issues of 'pre-remarital' families. Separate workbooks with self-tests are available for both men and women, and an audio version can be used in groups or by both partners. The wisdom and up-to-date information from these gifted marriage therapists prepares couples for what lies ahead and enables them to tackle the challenges with faith, perseverance, and hope. Chapter titles include: \* Have You Faced the Myth of Remarriage with Honesty? \* Can You Identify and Meld Your Love Styles? \* Have You Developed the Habit of Happiness? \* Can You Say What You Mean and Understand What You Hear? \* Have You Bridged the Gender Gap? \* Do You Know How to Fight a Good Fight? \* Do You Know What It Takes to Combine a Family? \* Are You and Your Partner Soul Mates?

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