



# Walking With God: How A Simple, Daily Habit Can Change Your Life

*James Wallace*

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## **Walk with God . . . and Change Your Life**

*30 minutes a day are all you need . . . the benefits are life changing.*

**The benefits include:**

Extending your lifespan . . . by as much as 7 years (according to a recently-published health study by researchers at Saarland University in Germany).

**Walking With God – How a Simple, Daily Habit Can Change Your Life** shows you how these powerful benefits spring from the convergence of physical walking, mindfulness meditation, and Christianity. **God has given each of us one life to live. What will you make of the rest of yours?** *Walk with God.* Every day will be a blessing, beyond imagination, in ways untold. Scroll to the top of the page and select “Buy now” or “Add to Cart.” *Start your new walk today.*

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